The Gift of a Nurturing Heart Galatians 5:22-26 Pastor Gerald Chinen Kailua Christian Church, May 9, 2021

A nurturing heart displays kindness especially to those most vulnerable.

Who comes to mind for you when you think of this kind of kindness?

A nurturing heart is willing to give generously of themselves.

The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together by Heather McGhee

Who are the people in your lives who willingly give generously of themselves?

A nurturing heart walks humbly with God.

He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God? Micah 6:8

"I sat down, completely stunned. Henry's voice was filled with desire. I experienced his song as a precious gift. I had come into the prison with anxiety and fear about his willingness to tolerate my inadequacy. I didn't expect him to be compassionate or generous. I had no right to expect anything from a condemned man on death row. Yet he gave me an astonishing measure of his humanity. In that moment Henry altered something in my understanding of human potential, redemption, and hopefulness." Just Mercy Bryan Stevenson

In Romans 12 verse 3 we read, For the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. Romans 12:3

Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. Philippians 2:3

Who in your life has taught you the gift of humility?

I've heard it said, that people come into our lives, for a reason

Bringing something we must learn;

And we are led to those who help us most to grow, if we let them

And we help them in return.

Who can say If I've been changed for the better?

I do believe I have been changed for the better

And because I knew you, because I knew you

I have been changed, for good