

Sunday Message
Pastor Dale Vallejo-Sanderson
August 29, 2021

Hope
How God sustains us in our sadness

“Jesus saw that they wanted to ask him about this, so he said to them, “Are you asking one another what I meant when I said, ‘In a little while you will see me no more, and then after a little while you will see me’? Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy. A woman giving birth to a child has pain because her time has come; but when her baby is born, she forgets the anguish because of her joy that a child is born into the world. So, with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.” John 16:19-22

God’s Hope that sustains us is built on...

I. Kindness given in little and large moments

“Jesus saw that they wanted to ask him about this, so he said to them, “Are you asking one another what I meant when I said, ‘In a little while you will see me no more, and then after a little while you will see me’?” John 16:19

- **What moment of kindness do you hold in your heart? Can this give you hope in God.**

II. Mercy given in little and large moments

“A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world. So, with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.” John 16:21

- **When have you been relieved from a failing by good? Can this give you hope in God?**

III. Joy given in little and large moments

“So, with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.” John 16:22

- **What joys have you received that gives you comfort in your struggles?**

“Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.” James 1:17