

Kailua Christian Church
Sunday, October 03, 2021
Pastor Jim Sequeira

Unlocking God's Full Potential Through Self-Care

John15:1-11 (NRSV)

15 "I am the true vine, and my Father is the vinegrower. 2 He removes every branch in me that bears no fruit. Every branch that bears fruit he prunes [a] to make it bear more fruit. 3 You have already been cleansed [b] by the word that I have spoken to you. 4 Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. 5 I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing. 6 Whoever does not abide in me is thrown away like a branch and withers; such branches are gathered, thrown into the fire, and burned. 7 If you abide in me, and my words abide in you, ask for whatever you wish, and it will be done for you. 8 My Father is glorified by this, that you bear much fruit and become [c] my disciples. 9 As the Father has loved me, so I have loved you; abide in my love. 10 If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. 11 I have said these things to you so that my joy may be in you, and that your joy may be complete. NRSV version

Three Indicators or Signs of Healthy Self-Care and Discipleship:

1. YOU PRODUCE LIFE GIVING AND LIFE SUSTAINING QUALITIES
2. YOU EXPERIENCE AN EFFECTIVE PRAYER LIFE
3. YOUR LIFE IS ROOTED IN GOD'S LOVE AND EXPRESSED IN JOY