

**Kailua Christian Church  
Sunday Message Series  
Sunday February 27, 2022  
Fresh Vision For Fresh Steps  
What Has Been, What Is and What Will Be**

**Care to Care  
Small Groups That  
Support, Heal and Encourage  
Mark 14:32-42**

“They came to a place named Gethsemane; and He said to His disciples, “Sit here until I have prayed.” 33 And He took with Him Peter, James, and John, and began to be very distressed and troubled. 34 And He said to them, “My soul is deeply grieved, to the point of death; remain here and stay awake 35 And He went a little beyond them, and fell to the ground and began praying that if it were possible, the hour might pass Him by. 36 And He was saying, “Abba! Father! All things are possible for You; remove this cup from Me; yet not what I will, but what You will.” 37 And He came and found them sleeping, and said to Peter, “Simon, are you asleep? Could you not stay awake and keep praying for one hour? 38 Stay awake and praying, so that you will not come into temptation; the spirit is willing, but the flesh is weak.” 39 And again He went away and prayed, saying the same words. 40 And again He came and found them sleeping, for their eyes were heavy; and they did not know what to say in reply to Him. 41 And He came the third time, and said to them, “Are you still sleeping and resting? That is enough. The hour has come; behold, the Son of Man is being betrayed into the hands of sinners. 42 Get up, let’s go; behold, the one who is betraying Me is near!”

**Jesus kind of small groups offer...**

**I. Support: Inviting honest sharing with non-anxious listening.**

“And He took with Him Peter, James, and John, and began to be very distressed and troubled. 34 And He said to them, “My soul is deeply grieved, to the point of death; remain here and stay awake”

Mark 14:33-34

➤ **What is the benefit of Non-Anxious listening?**

**II. Healing: Helping each other bring our fears and wounds to God**

35 And He went a little beyond them, and fell to the ground and began praying that if it were possible, the hour might pass Him by. 36 And He was saying, “Abba! Father! All things are possible for You; remove this cup from Me; yet not what I will, but what You will.”

➤ **What could be the benefit of bringing your fears and wounds to God?**

### **III. Encouragement: Asking each other 2 Questions;**

**1. “What do you hear God saying?”**

**2. “What is your response?”**

- **What could be the benefit of having some trusted friends ask you these questions?**