KAILUA CHRISTIAN CHURCH (UCC) Sunday, April 30, 2023 Title: Slaying Our "Giants" Guest Speaker: Dr. Rebecca (Ruby) Ovitt

Bible verse: Psalm 55:22

"Cast your cares on the Lord and He will sustain you; he never let the righteous fall."

Synopsis: Everyday is our journey toward our goal of having a closer relationship with our Lord however, there are some behaviors that hinder us from achieving this goal. These behaviors are our "giants". Let us come together and find out how we can slay our "giants" with the help of our loving and faithful God. Slaying our "giants" will further enable us to experience a peaceful, joyful, and abundant life.

> Slaying Our "Giants" Our "giants" are: 1. Not Letting Go of Our Regrets and Guilty Feelings

- 2. Inability to Forgive
- 3. Having Unhealthy Relationships
 - 4. Lack of Faith
- 5. Not Being Vigilant

Other Bible Verses to support my message:

- 1.Psalm 34:14 "I sought the Lord and he answered me; he delivered me from all my fears."
- 2. Psalm 56: 11 "In God I trust; I will not be afraid. What can man do to me?"
- 3. Psalm 101:7 "No one who practices deceit will dwell in my house; no one who speaks falsely will stand in my presence."

End